



MEDIA RELEASE

Amanda Rishworth MP Federal Member for Kingston

18 October 2011

NEW STEPHANIE ALEXANDER KITCHEN GARDEN FOR BRAEVIEW SCHOOL

Local kids at Braeview School are set to join 128 other schools around Australia that are already growing tomatoes, green beans, sweet corn and other veggies while learning about food and healthy eating habits.

Amanda Rishworth MP, Federal Member for Kingston welcomed the announcement by Minister for Health and Ageing Nicola Roxon that Braeview School is one of 50 new schools to participate in the Stephanie Alexander Kitchen Garden National Program.

Ms Rishworth said that as a result of the **\$60, 000** grant provided under this program, the kids at Braeview School will now be able to get their hands dirty in the garden and get involved in growing fresh veggies.

Ms Rishworth said “I am delighted that Braeview School will benefit from this fantastic initiative. This is a practical way to get kids involved in making healthy food choices – we’re teaching them that tasty, fresh food can be both fun and good for you.

“Teaching kids how to make healthy choices is an investment in our future. Engaging kids in growing, harvesting, preparing and sharing fresh food promotes healthy eating and healthy lifestyles that will see these kids grow into healthy adults.

“The Stephanie Alexander Kitchen Garden National Program aims to improve nutrition and develop lifelong healthy eating habits among children, which is part of the Government’s commitment to preventive health.”

Ms Rishworth said the \$12.8 million Stephanie Alexander Kitchen Garden Program has now provided 178 schools around Australia with up to \$60,000 to help with the construction of kitchen and garden infrastructure.

The fourth and final funding round brings the total number of participating schools to 178. The Government has also announced another \$1 million for the Foundation over three years to develop curriculum resources to support the program.

For more information about the Stephanie Alexander Kitchen Garden National Program, please see: www.kitchengardenfoundation.org.au