



Amanda Rishworth MP's Green Hero News

August 2009

Recycling

Welcome to the third edition of the Green Hero Newsletter. This edition focuses on managing waste and recycling practices you can implement at home including locations of drop-off centres for recycling your household waste.

Recycling is one way of cutting down waste-however reducing waste before it becomes rubbish is also important. You can use your power as a consumer to demand less packaging, more recyclable goods, less plastic and avoid disposable goods. Minimize the waste around the home by remembering the following;

Recycle

- Take a re-usable bag when you go shopping.
- Buy products in recycled packaging or in packaging that can be recycled and try to buy products with little or no packaging.
- Buy in bulk wherever possible and buy concentrates and refills
- Buy only biodegradable cleaning products
- Keep take-away food containers and re-use them
- Buy unbleached and recycled paper products—including toilet paper and tissues.
- Buy local goods where possible-less energy went into transporting them
- Refuse to buy anything with CFCs that destroy the ozone layer and become potent greenhouse gases

Items that are difficult to recycle include - glossy magazines, margarine and take-away food containers, foam cups and trays and plastic wrappings.

Recycle and Contribute to Cancer Research

A local resident, Mr Don Dixon collects bottles and cans then donates the funds to the Hanson Institute for cancer research. Don has set up recycle bins in front of his home and also collects from other designated bins in the region. He has so far raised over \$28,000.00 for cancer research – an amazing effort! Don also restores and repairs pushbikes – The restored pushbikes are donated to the Save the Children Fund so if you have an idle pushbike you would like to donate please call Don on 8557 7374

I encourage members of the community to consider dropping of bottles and cans to the bins at the front of Don's home or at one of the locations listed below.

In addition to the locations specifically for recycling to support cancer please find further information on page two about recycle depots with facilities for bottles and cans.

- The Willunga Bakery – High Street Willunga
- McLaren Road Delicatessen – Main Road McLaren vale
- Aldinga Shopping Centre – one of the two bins at this shopping center is located by the main entrance and the other near the Bendigo Bank
- Numerous bins along the Esplanade between Willunga and Aldinga Bay
- Bin opposite the Deli/General Store on the Esplanade Sellicks Beach
- Don's place – 27 Caffrey Crescent , Port Willunga

Tips for Recycling

Devote a space to collect materials to recycle and set up four bins:

Bin 1: Non - recyclables—non recyclable plastic, foam containers etc

Bin 2: Recyclable items—plastics, aluminum cans, cartons, glass jars and bottles, newspapers.

Bin 3: Biodegradable food scraps (Except fat, meat or bones) and garden waste (Use a lid and wash the bin regularly).

Bin 4: Items of household waste that can be re-directed like old computers and mobile phones.

Recycle Depots for Containers and or packaging

- Aldinga Recycle Centre Lot 2 How Road Aldinga, Phone - 8556 5654
- Christies Recyclers Lot 11 Liston Road Lonsdale, Phone - 8381 2409
- Hackham & Seaford Bottle Company 14 -16 Cottage Lane Hackham, Phone 8384 8667
- Lonsdale Waste and Transfer Centre 10 Donegal Road, Lonsdale Phone 8326 9605
- McLaren Vale Recycle Centre 6/229 Main Road McLaren Vale, Phone: 8323 9441
- P & T Recycling 42- 46 Seaford Road Seaford, Phone: 8386 0988
- Pt Noarlunga & Christies Beach Bottle Centre Cnr Brodie & Liston Roads Lonsdale
- Reynella Bottle and Can 143 Old South Road Reynella, Phone: 8322 6488
- Sea Scout Group River Rd Pt Noarlunga

Reading, Sight and Sunglasses

Your unwanted reading, sight or sunglasses can help improve the eyesight of children and adults all around the world. The simple donation of unwanted glasses can make a huge difference to someone living in less fortunate circumstances.

Drop off your unwanted reading glasses and sunglasses, either broken or intact to any OPSM, Laubman & Pank or Budget Eyewear stores across Australia.

Medicines

You can take your out-of-date and unwanted medicines to any pharmacy in Australia. All pharmacies are equipped to accept all medicines.

Cooking oil

Disposing of cooking oil incorrectly in drains and sinks can cause plumbing and environmental problems.

Small amounts of cooking oil can be disposed of in garden composts. Household cooking oil can be stored in a sealable jar or wiped up with absorbent paper; it can then be placed in your general waste bin. Cooking oils can be filtered and recycled into products such as bio-fuel, cosmetics and stock feed.

Plastic bags

Plastic checkout bags can be taken to participating supermarkets such as Coles, Woolworths, Franklins or Safeway for recycling. Recycling contractors collect the plastic bags in bulk from participating retailers. The bags are then compacted into large heavy blocks ready for further processing and conversion into raw material to make recycled plastic products.

Reusable woven polypropylene bags (the 'green bags'), cotton and string bags can be washed to prolong their life. At the end of their life they can be taken to second hand stores if they are in good condition, or some materials may be useful as cleaning rags. Bags made from cotton, calico, hemp or bamboo fibres can also be composted at the end of their life.

Plastic Checkout Bag Recycling Drop – off Locations

- Coles – Reynella Old Town Reynella 221 Old South Road Reynella
- Woolworths - Old Reynella Old South Road & Peach Street Old Reynella
- Coles - Morphett Vale Connington Plaza Cnr Connington Crescent & Main South Road Morphett Vale
- Coles – Reynella Cnr Sherriffs & Hilliers Road Reynella
- Woolworths - Morphett Vale 146 Main South Road Morphett Vale
- Woolworths – Woodcroft Cnr Pimpala & Odessa Drive Woodcroft
- Coles – Hackham Collins Parade Hackham
- Woolworths – Hackham Cnr Pennys Hill & South Roads Hackham
- Coles - Christies Beach 101 Beach Road Christies Beach
- Woolworths - Christies Beach 76 Beach Road Christies Beach
- Colonnades Shopping Centre - Woolworths and Coles - 54 Beach Road Noarlunga Centre
- Coles- McLaren Vale 130 Main Road McLaren Vale
- Coles - Aldinga Beach Pridham Boulevard Aldinga Beach

Computers and other E-Waste

Computers, televisions and printers can contain a broad range of materials including precious metals (such as gold and platinum), toxic heavy metals, metal circuitry, mixed plastics, fire retardants and glass. Whilst computers are getting smaller and lighter, they are still a major waste management issue - particularly with older computers and monitors.

The Australian Information Industry Association (AIIA) has set up an Environment Special Interest Group which is addressing the environmental impact of computers. Negotiations are currently underway between the AIIA and other bodies with a view to establishing a national computer recycling scheme.

Below are companies that will recycle refurbish or reuse computers and their peripherals in Adelaide and the Onkaparinga Council area

Advanced Recycling Technologies

Phone: 0411 882 138

Email: paul_tresidder@bigpond.com.au

Drop Off Address: Lonsdale - pickup service available

Fees Apply

Accept all e-waste, TVs, computers, monitors, printers, domestic appliances, fridges, air conditioners, fluorescent tubes

Australian Computer Society

Phone: 08 8293 7484

Email: acscomcomp@internode.on.net

Denron Metals Recycle

Phone: 08 8352 8772

Drop Off Address: 22 Thebarton Road, Thebarton

Details: Drop off and pick up service. Accept all IT equipment except monitors.

Fees may apply

Printer Cartridges

Your used or empty laser and inkjet cartridges can be taken to participating Australia Post, Officeworks, Harvey Norman, Tandy, Dick Smith Electronics and Powerhouse outlets. Any type of toner or ink cartridge from a fax, photocopier or printer will be accepted in the Planet Ark drop off bins in the following outlets;

- Australia Post - Happy Valley Kenihans Rd Happy Valley
- Australia Post – Lonsdale 18-22 Dorset Street Lonsdale
- Dick Smith - Morphett Vale 115 Main South Rd Morphett Vale
- Australia Post - Morphett Vale Cnr Sherriffs & Hilliers Roads
- Australia Post - Morphett Vale 175 Bains Rd Morphett Vale
- Tandy - Morphett Vale Sherriffs & Hilliers Rd Morphett Vale
- Australia Post – Hackham 77 Collins Pde Hackham
- Australia Post - Christies Beach 31 Beach Road Christies Beach
- Officeworks - Noarlunga Centre 212-216 Beach Rd Noarlunga Centre
- Harvey Norman - Noarlunga Centre
- Australia Post - Noarlunga Centre
- Dick Smith - Noarlunga Centre
- Tandy – Seaford Cnr Commercial & The Parade Morphett Vale
- Australia Post - McLaren Vale 112 Main Road McLaren Vale
- Australia Post – Willunga High Street Willunga
- Australia Post - Aldinga Beach Aldinga Beach Rd Aldinga Beach

Mobile Phones:

Mobile phones and mobile batteries cannot be recycled in your council recycling bins. Don't let mobiles go to landfill or gather dust in a drawer! There are a number of mobile phone recycling programs that you can get involved in that will help to protect our environment and conserve our natural resources. Some drop off locations are listed below.

Morphett Vale Southgate Plaza -368 Main South Road, Morphett Vale

Allphones

Fone Zone

Noarlunga Centre - Colonnades Shopping Centre

Allphones Noarlunga

Crazy Johns Colonnades

Car Recycling

There are an estimated 500,000 End-of-life Vehicles (ELV) being generated each year in Australia. 70% of the (ELV) material by weight is shredded and recycled, representing around 455,000 tonnes per annum.

- Mitsi-bits Lonsdale - Phone: 8326 0841
- Christies Beach Auto Dismantlers - Phone: 08 8382 4725
- Oriental 4wd & Commercial Lonsdale - Phone: 08 8384 6055
- U-pull-it Lonsdale - Phone: 08 8382 1122

Tyres

Over 20 million waste tyres are generated in Australia each year, with an estimated 64% of waste tyres going to landfill and 16% disposed of inappropriately through illegal dumping. Tyre service centres such as Bob Jane T-Mart, Goodyear, Bridgestone and Beaufort Tyres will deal with tyres at the end of their life..

S.O.S.Tyre Service Flagstaff Hill – Phone 0429 100 393 147 Daws Rd St Marys Phone 8277 9488

Batteries

Buying rechargeable batteries is one way to reduce battery waste and is a great alternative to using conventional batteries. Each battery can be recharged up to 1000 times, saving you money and reducing pollution from discarded used batteries. There are many rechargeable batteries available, with the most convenient being Varta's Charge 'n' Go as it takes less than 15 minutes to recharge. For more information visit www.planetarkdirect.com

Cleanaway's Battery Recycling Programme

This program collects rechargeable batteries such as Nickel Cadmium, Nickel Metal Hydride or Lithium Ion. These are most commonly found in cordless phones, cordless drills, mobile phones, laptops and PCs, shavers and video cameras. Participating Battery World stores will collect secondary/rechargeable batteries. To find out if Battery World near you is collecting batteries, call 13 17 60 or visit www.batteryworld.com.au.

Scrap metal

Many transfer stations and waste management centres take construction and demolition waste such as bricks, scrap metal and concrete. Three such stations within the Onkaparinga region are;

- Rex's free removal of scrap metal service Reynella - Phone 0410 094 101
- Metalcom 19 Christie Rd Lonsdale - Phone 8186 3493
- Scrap Metal Merchants - Lonsdale, Corner Brodie & Liston Rds Lonsdale Phone - 8381 2409